

BUDLEIGH SALTERTON CIRCULAR WALK

A walk of 3 miles described by local walk leader Steve Hagger

The walk starts outside the Tourist Information Centre (TIC) in Fore Street.

Start facing the office, turn to your left and walk along the pavement and very soon you will reach the promenade that runs along by the beach.

Pass by the red phone box, keep right and continue forward to Lime Kiln Car Park.

Walk along the path to the far side of the car park and turn **LEFT** at fingerpost signed 'Public Footpath'. Follow this sign down the side of the car park, past the BBQ stands and to fingerpost signed "Ladram Bay 3 ½ miles".

Continue forward on the path through the gate.

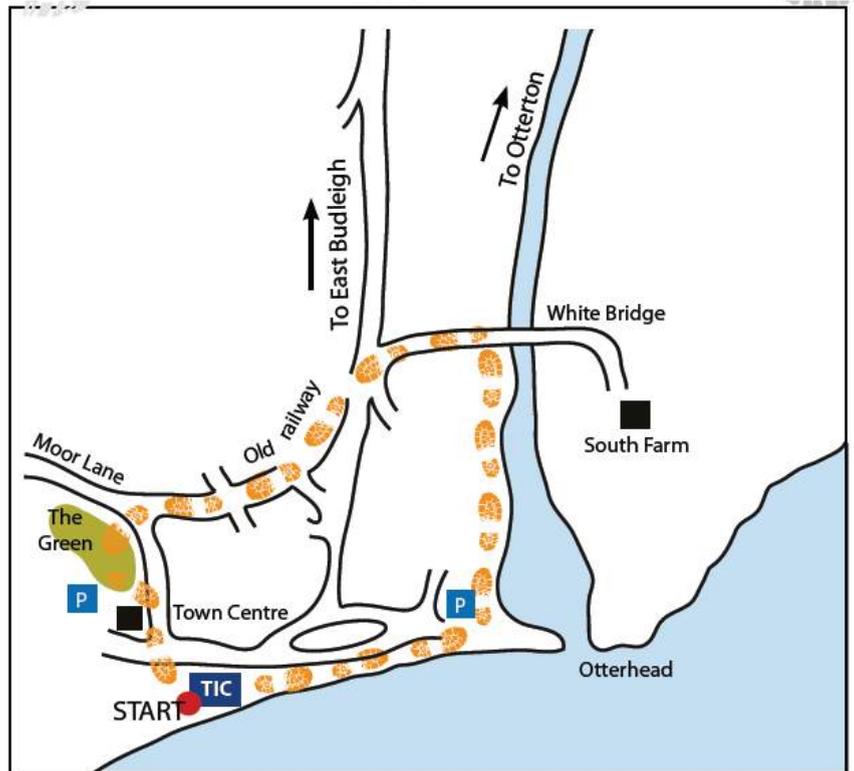
Walk on for ½ mile passing viewing platforms and a bird hide until you reach a bridge. **Don't cross** the bridge but turn **LEFT**, walk along road.

The road bends left and just before top of hill turn **RIGHT** up bank, (or follow road round to right) and cross East Budleigh Road by speed restriction sign. Take footpath immediately in front of you climbing 21 steps. Continue forward on old railway track which gradually rises and bears right.

After about ½ mile the track finishes. Take sloping path on left hand side to reach road. Turn **RIGHT** and go downhill passing Stanley Mews, named after Stanley Murch, the last Station Master at the station that was located here. When you reach the public park follow the footpath through the park emerging at the Public Hall.

Walk straight on to Budleigh's only traffic lights, cross the road ahead and turn **LEFT**. You are now in the High Street. Why not visit one of the places of refreshment or shops, after a few minutes (or longer if you have lingered) you will be back at the TIC.

Take care, restricted width in places no pavement



Walk for Health scheme

Walks similar to this take place every Thursday at 10.30am starting at the public hall. They are free and friendly and led by local volunteers who cater especially for people new to walking for exercise.