

Love Budleigh Newsletter

Welcome to our February Love Budleigh Newsletter.

Budleigh Information Centre - Now Open for 2024

Our friendly volunteers are ready to welcome you for 2024.

The centre will be open 10am to 1pm Monday to Saturday until 25th March when we will be open from 10am until 4pm.

If you are holding an event not yet mentioned in our free to use <u>Events Calendar</u> please either <u>Submit</u> or <u>contact us with the details</u>.

Our Feature for this issue is Care and Living Well Options in our Local Community. See below for items on some local options.

We hope you enjoy this newsletter, please spread the word, we'd love to be able to send out news and information to more people.

Let us know what you think and if you have anything you'd like us to include in future editions.

Thank You.

Beach Huts



The Beach Huts for Weekly, Weekday and Weekend hire during the summer season are now available to book through our website.

Click here for more details and to book.

For long term rentals and beach hut site rentals, please contact East Devon District Council regarding their waiting lists.

If you have any queries please contact us on huts@visitbudleigh.com

Beach Huts

Budleigh in the News



Muddy Stilettos recently recognised Budleigh Salterton as one of the best places to live in the UK - one of 10 in Devon and 250 across the Muddy counties.

They visited the town and spent time enjoying some of the local independent businesses and interviewed a member of the Love Budleigh team.

Devon Life February 24 edition also has an item - 5 Reasons to Love Budleigh Salterton.

Co-op Community Fund



Love Budleigh, the Budleigh information Centre are delighted that we have been chosen by the Co-op as one of the beneficiaries of their Community Fund.

From 12th January 2024, the Co-op has changed the way money is allocated to their community causes. They now have a central fund of £4 million which is shared out to all their community causes across the country. The amount received by each cause is now based on the number of members choosing the cause, and not the amount of money you spend with the Co-op.

If you would like to support us and you are already a Co-op member, please go to the Community section on the Co-op app and select Budleigh Information Centre as your chosen cause.

If you are not a Co-op member, then you can apply for membership and choose us as your community cause. It costs just £1 to become a Co-op member, and as well as supporting us as your local community cause, you will also have access to the exclusive offers and discounts offered to Co-op members.

If you're not yet a member, you can register online for Co-op membership at coop.co.uk/membership and select Budleigh Information Centre from the list of local good causes.

Our thanks to the Co-op and their Local Community Fund.

Spotlight on Care and Living Well Options in Budleigh

In Budleigh we are fortunate to have many different organisations who can help with care. There are a wide range of options including residential & in home care as well as many activities and resources available to all.

The organisation featured below all work with us Love Budleigh - the Budleigh Information Centre.

If you represent a similar organisation and would like to to join us either sponsoring one of our events or joining Love Budleigh as an advertiser, please contact us.

Love Budleigh Services

Bay Court Residential and Nursing Home

Bay Court is uniquely situated close to the centre of the coastal town of Budleigh Salterton in East Devon and offers both residential and nursing care.

Family owned with caring and kind local staff we offer great care on your doorstep.

Come along and meet the managers and wider team and hear all about what the Bay Court Family have been doing recently. We have all enjoyed decorating and visiting the Christmas Tree festival, Owl visits, regular music sessions with pianists, harpists, multi instruments and sing-a-longs. Trips to the sea and sampling the local cafes with friends. We also have regular communion services and welcome residents of all faith backgrounds.

Pinewood Residential Home

In a tranquil setting high up on the cliffs of the conservation area of Budleigh Salterton, near Exmouth, Devon, Pinewood offers a laid-back lifestyle in comfortable and elegant surroundings with magnificent views across the bay.

The interests of residents are always at the forefront of our minds at Pinewood. Whether this be in the form of the high standard of care we provide, the varied delicious and nutritious food on offer or the daily activities being held. We are there for each individual resident who resides with us.

Our activities co-ordinator ensures that life at Pinewood is interesting and varied...from outings in the local area to visiting entertainers, residents will never be bored at Pinewood.

Home Instead



Discover compassionate, personalised home care services in Exeter and East Devon with Home Instead.

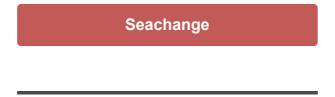
We provide dedicated support for your loved ones in the comfort of their own homes and are rated 5 Star 'Outstanding' for the quality of care by the CQC.

Seachange

Seachange is a charity who are here for the communities of Woodbury, Exmouth and Budleigh. We aim to make everyone healthy and happier through social

connections and exercise, reducing loneliness and isolation. We provide a range of café; volunteering opportunities, community transport; NHS appointments; room hire; conferencing; befriending; on site nursery; day care and private medical appointments.

Seachange is thrilled to introduce our new initiative SeaSupport, a home support service dedicated to providing personalised assistance.



Wesleys

Wesley's is a café and community space which is run by Launchpad in partnership with the Methodist church. At Wesley's you'll be greeted and looked after by adults with learning challenges who are working with us to develop their employment and independent skills.

In the heart of Budleigh and just a few steps from the seafront and coast path, we offer a warm welcome to everyone – and their well-behaved dogs! - to sit a while and enjoy our delicious homemade cakes, scones and soups and lunches. We also offer takeaways if you would like to enjoy our food and drink on the beach!

Come and join in our many groups, workshops and activities, or simply soak up the friendly atmosphere, both inside the café and in our lovely garden area. Find out more on our website or give us a ring!



Budleigh Community Workshop

Budleigh Community Workshop hosts a range of practical and creative workshops open to all, designed to teach and promote traditional crafts from carpentry, wood turning and carving to a range of textile and artistic activities. We operate from The Old Fire Station in Budleigh Salterton and rely on our skilled volunteers to share their time and expertise.

Our workshop and meeting room facilities are open to individuals and groups who might like to take part - whether it be learning a new skill, receiving practical guidance or support in a creative discipline, by contributing to a community project,

or simply enjoying the social atmosphere. We hope all our volunteers and visitors will gain enjoyment from being involved.

Upcoming Local Events

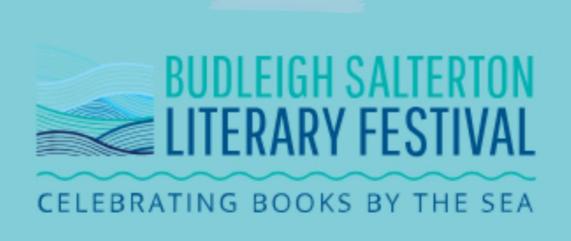
Budleigh Literary Festival Spring Weekend

Come and join us in beautiful Budleigh Salterton for our Spring Festival on March 1 and 2.

Tickets for our popular weekend festival are now on general sale – so snap one up while they are still available! We'll be welcoming six inspiring speakers, covering a fascinating range of topics.

- Broadcaster Clive Myrie will be sharing his autobiography and experiences growing up Black in the UK and forging a major career in journalism.
- Poet Laureate Simon Armitage will be talking about his work and his latest book, a collection of his song lyrics for which he has won an Ivor Novello Award.
- Mathematician Marcus du Sautoy, will explain the link between maths and games and how it can help you win!
- International affairs expert Sir Robin Niblett explains why the relationship between the US and China is the new Cold War.
- Investigative Journalists Sam Peters and Hannah Barnes, the two journalists who brought to light the sport concussion and dementia link and the NHS Tavistock Gender Clinic scandal will share their work and why investigative journalism is more important than ever.

All events take place in St Peter's Church, Budleigh Salterton.



FRIDAY MARCH 1 - SATURDAY MARCH 2

TICKETS ON GENERAL SALE NOW!

Budleigh Literary Festival

Salterton Drama Club - Boeing Boeing



By Marc Camoletti

Directed by Paul Turner

A fantastically fast and funny farce, Boeing Boeing tells the exploits of French bachelor Bernard and his lovely female flight attendants.

Three flight attendants, to be exact, from three different countries: and they all believe they're engaged to Bernard! In the past, Bernard has been able to juggle these women due to his detailed timetable of his fiancés' flight schedules. When the situation changes and all of the women end up at his apartment on the same day, Bernard (with help from his bewildered friend Robert) struggles to keep them from learning the truth. Will the lying lothario be able to keep up this charade, or will a disaster occur? As they say: all's well that ends well!

Tickets Available at the Budleigh Information Centre

Salterton Drama also run a monthly quiz at the Feathers Pub and will be holding a Barn Dance in Gala Week. Keep checking our Events Calendar for updates.

Imperial Productions - Little Shop of Horrors

Plans, Auditions and Rehearsals have already started for the Imperial Productions Summer Production of Little Shop of Horrors.

This will be at the Public Hall from July 31st to August 3rd.

Tickets will be available from the Budleigh Information Centre - keep checking our Events Calendar and Newsletters for updates.

Community Notices

Dementia Awareness

The Love Budleigh team recently enjoyed a presentation by Mark McGlade, of Home Instead, on different forms of dementia and how to support members of our community living with it.

Mark would be happy to make the same presentation to any other interested groups.

Home Instead have kindly agreed to partner Love Budleigh and Budleigh Salterton Town Council in organising similar events on other topics such as Scam Awareness and Staying Nourished.

More information will be available in future editions of this newsletter and on the Love Budleigh Website.

If you'd be interested please let us know and we'll pass on your information,

East Devon Winter Parking - £2

From 1 November 2023 to the end of March 2024, you can park until midnight for just £2 at car parks owned by East Devon District Council.

| Your ticket in transferable so you can move between car parks owned by East Devon District Council on the same day. |
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| Budleigh Business Awards |
| Our friends at Shop Budleigh are organising the Budleigh Business Awards. |
| To reward and recognise anyone running a fantastic business situated within the EX9 postcode. |
| Many Awards are planned including recognising, Sustainability, Employer of the Year, Community Group, SME, Solopreneur and Independent Retailer. |
| We will post more details in future editions of this newsletter. |
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| Please contact us if you have any items to include in this section of our newsletter. |
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| Contact Us |
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Dates for Your Diary

What's On

Don't forget to check the Events Calendar on our website for Events in and around Budleigh.

This is free to use so if you have an Event to promote, please use the Submit Event button or email us the details so we can add it for you.

What's On

Sign up to our Free Newsletter

Beach Huts

Calendar

Contributions

If you would like to provide any material for inclusion in future editions of this newsletter, please let us know.

Latest News on our Website





Budleigh Salterton Information Centre

14 Fore Street, EX9 6NG, Budleigh Salterton

Budleigh Information Centre (Love Budleigh) is a self funding, non-profit CIC which exists to serve and promote Budleigh Salterton, its residents, visitors, businesses and community.

This email was sent to {{contact.EMAIL}}

You've received this email as you are part of the Love Budleigh Community. Either you have subscribed via Love Budleigh, the Budleigh Information Centre website, advertised on Love Budleigh or are part of the Love Budleigh Volunteer Team. We hope you will enjoy receiving this news, and contribute to future editions. If you'd rather not, please use the button below to unsubscribe.

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